BODY CONDITION SCORE CHARTS

Cat and small dog

WEIGHT MANAGEMENT PROGRAMME
**BODY CONDITION SCORE - CAT**

**TOO THIN**
1. Ribs, spine and pelvic bones easily visible on shorthaired cats
   - Very narrow waist
   - Small amount of muscle
   - No palpable fat on the rib cage
   - Severe abdominal tuck

2. Ribs easily visible on shorthaired cats
   - Very narrow waist
   - Loss of muscle mass
   - No palpable fat on the rib cage
   - Very pronounced abdominal tuck

3. Ribs visible on shorthaired cats
   - Obvious waist
   - Very small amount of abdominal fat
   - Marked abdominal tuck

**IDEAL**
4. Ribs not visible but are easily palpable
   - Obvious waist
   - Minimal amount of abdominal fat

5. Well proportioned
   - Ribs not visible but are easily palpable
   - Obvious waist
   - Small amount of abdominal fat
   - Slight abdominal tuck

**OVERWEIGHT**
6. Ribs not visible but palpable
   - Waist not clearly defined when seen from above
   - Very slight abdominal tuck

**OBESE**
7. Ribs difficult to palpate under the fat
   - Waist barely visible
   - No abdominal tuck
   - Rounding of abdomen with moderate abdominal pad

8. Ribs not palpable under the fat
   - Waist not visible
   - Slight abdominal distension

9. Ribs not palpable under a thick layer of fat
   - Waist absent
   - Obvious abdominal distension
   - Extensive abdominal fat deposits

**WEIGHT MANAGEMENT PROGRAMME**
**BODY CONDITION SCORE - SMALL DOG**

### TOO THIN

1. Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance
2. No discernible body fat
3. Obvious loss of muscle mass

### IDEAL

4. Ribs easily palpable with minimal fat covering
5. Waist easily noted when viewed from above
6. Abdominal tuck evident

### OVERWEIGHT

7. Ribs palpable with difficulty, heavy fat cover
8. Noticeable fat deposits over lumbar area and base of tail
9. Waist absent or barely visible

### OBESE

10. Ribs palpable with slight excess fat covering
11. Massively fat deposits over thorax, spine, and base of tail
12. Waist and abdominal tuck absent
13. Fat deposits on neck and limbs
14. Obvious abdominal distension

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BODY CONDITION SCORE - SMALL DOG

TOO THIN

1. Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance
   - No discernible body fat
   - Obvious loss of muscle mass

2. Ribs, lumbar vertebrae, and pelvic bones easily visible
   - No palpable fat
   - Some bony prominences visible from a distance
   - Minimal loss of muscle mass

3. Ribs easily palpable and may be visible with no palpable fat
   - Tops of lumbar vertebrae visible, pelvic bones becoming prominent
   - Obvious waist and abdominal tuck

IDEAL

4. Ribs easily palpable with minimal fat covering
   - Waist easily noted when viewed from above
   - Abdominal tuck evident

5. Ribs palpable without excess fat covering
   - Waist observed behind ribs when viewed from above
   - Abdomen tucked up when viewed from side

OVERWEIGHT

6. Ribs palpable with slight excess of fat covering
   - Waist is discernible when viewed from above but is not prominent
   - Abdominal tuck apparent

OBESE

7. Ribs palpable with difficulty, heavy fat cover
   - Noticeable fat deposits over lumbar area and base of tail
   - Waist absent or barely visible
   - Abdominal tuck may be absent

8. Ribs not palpable under very heavy fat cover or palpable only with significant pressure
   - Heavy fat deposits over lumbar area and base of tail
   - Waist absent
   - No abdominal tuck
   - Obvious abdominal distension may be present

9. Massive fat deposits over thorax, spine, and base of tail
   - Waist and abdominal tuck absent
   - Fat deposits on neck and limbs
   - Obvious abdominal distension
BODY CONDITION SCORE CHARTS

Medium, large and giant dog

WEIGHT MANAGEMENT PROGRAMME
**BODY CONDITION SCORE - MEDIUM DOG**

**TOO THIN**
1. Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance
   - No discernible body fat
   - Obvious loss of muscle mass

2. Ribs, lumbar vertebrae, and pelvic bones easily visible
   - No palpable fat
   - Some bony prominences visible from a distance
   - Minimal loss of muscle mass

3. Ribs easily palpable and may be visible with no palpable fat
   - Tops of lumbar vertebrae visible, pelvic bones becoming prominent
   - Obvious waist and abdominal tuck

**IDEAL**
4. Ribs easily palpable with minimal fat covering
   - Waist easily noted when viewed from above
   - Abdominal tuck evident

5. Ribs palpable without excess fat covering
   - Waist observed behind ribs when viewed from above
   - Abdomen tucked up when viewed from side

6. Ribs palpable with slight excess of fat covering
   - Waist is discernible when viewed from above but is not prominent
   - Abdominal tuck apparent

**OVERWEIGHT**
7. Ribs palpable with difficulty, heavy fat cover
   - Noticeable fat deposits over lumbar area and base of tail
   - Waist absent or barely visible
   - Abdominal tuck may be absent

8. Ribs not palpable under very heavy fat cover or palpable only with significant pressure
   - Heavy fat deposits over lumbar area and base of tail
   - Waist absent
   - No abdominal tuck
   - Obvious abdominal distension may be present

9. Massive fat deposits over thorax, spine, and base of tail
   - Waist and abdominal tuck absent
   - Fat deposits on neck and limbs
   - Obvious abdominal distension

**WEIGHT MANAGEMENT PROGRAMME**
BODY CONDITION SCORE - LARGE DOG

TOO THIN

1. Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance
   - No discernible body fat
   - Obvious loss of muscle mass

2. Ribs, lumbar vertebrae, and pelvic bones easily visible
   - No palpable fat
   - Some bony prominences visible from a distance
   - Minimal loss of muscle mass

3. Ribs easily palpable and may be visible with no palpable fat
   - Tops of lumbar vertebrae visible, pelvic bones becoming prominent
   - Obvious waist and abdominal tuck

IDEAL

4. Ribs easily palpable with minimal fat covering
   - Waist easily noted when viewed from above
   - Abdominal tuck evident

5. Ribs palpable without excess fat covering
   - Waist observed behind ribs when viewed from above
   - Abdomen tucked up when viewed from side

OVERWEIGHT

6. Ribs palpable with slight excess of fat covering
   - Waist is discernible when viewed from above but is not prominent
   - Abdominal tuck apparent

OBESE

7. Ribs palpable with difficulty, heavy fat cover
   - Noticeable fat deposits over lumbar area and base of tail
   - Waist absent or barely visible
   - Abdominal tuck may be absent

8. Ribs not palpable under very heavy fat cover or palpable only with significant pressure
   - Heavy fat deposits over lumbar area and base of tail
   - Waist absent
   - No abdominal tuck
   - Obvious abdominal distension may be present

9. Massive fat deposits over thorax, spine, and base of tail
   - Waist and abdominal tuck absent
   - Fat deposits on neck and limbs
   - Obvious abdominal distension

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WEIGHT MANAGEMENT PROGRAMME
BODY CONDITION SCORE - GIANT DOG

TOO THIN
1. Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance
   - No discernible body fat
   - Obvious loss of muscle mass
2. Ribs, lumbar vertebrae, and pelvic bones easily visible
   - No palpable fat
   - Some bony prominences visible from a distance
   - Minimal loss of muscle mass
3. Ribs easily palpable and may be visible with no palpable fat
   - Tops of lumbar vertebrae visible, pelvic bones becoming prominent
   - Obvious waist and abdominal tuck

IDEAL
4. Ribs easily palpable with minimal fat covering
   - Waist easily noted when viewed from above
   - Abdominal tuck evident
5. Ribs palpable without excess fat covering
   - Waist observed behind ribs when viewed from above
   - Abdomen tucked up when viewed from side
6. Ribs palpable with slight excess of fat covering
   - Waist is discernible when viewed from above but is not prominent
   - Abdominal tuck apparent

OVERWEIGHT
7. Ribs palpable with difficulty, heavy fat cover
   - Noticeable fat deposits over lumbar area and base of tail
   - Waist absent or barely visible
   - Abdominal tuck may be absent
8. Ribs not palpable under very heavy fat cover or palpable only with significant pressure
   - Heavy fat deposits over lumbar area and base of tail
   - Waist absent
   - No abdominal tuck
   - Obvious abdominal distension may be present
9. Massive fat deposits over thorax, spine, and base of tail
   - Waist and abdominal tuck absent
   - Fat deposits on neck and limbs
   - Obvious abdominal distension

WEIGHT MANAGEMENT PROGRAMME